

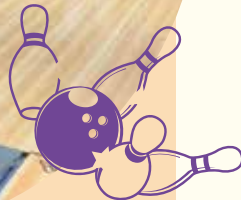
# News from 1 Seawardstone close



Dear Friends

Well, Autumn is firmly here! We have been reflecting on all of the lovely things we've been up to in recent weeks and thought you'd like to see some of our photographs too.

## The entertainment never ends



Our local community has been working hard to ensure their spaces have been safe so our residents could still enjoy the activities they love outside our home! So (when guidance allowed) we've been hitting the local bowling alley during the designated quiet hour for an afternoon of games that have brought so much fun and laughter! Our residents bowling skills showed no signs of being rusty and there were full strikes all round! Back home the fun has continued with many a socially-distanced live music session from guitarist Edmond. In fact, we've been so inspired that we've set up regular home karaoke sessions which have been a hit ever since!



## Food glorious food



We do love our food here at 1SC, whether making it or eating it, there's nothing like a bit of baking to bring our happy little community together! So, we have begun hosting Bake Off Tuesday where we make everything from chocolate chip cookies to sugar-free shortbread, we've even had a go at puff pastry mince pies - it's not too early for a spot of festive baking, is it?! The sweet treats aren't our only indulgence, and we've introduced Thursday night as Curry Night as well as bringing back our much-loved Brunch Club, where our residents get together and cook a classic full English Breakfast! Such an enjoyable way to unite our home in a fun and familiar routine.

# Friendships, new and old

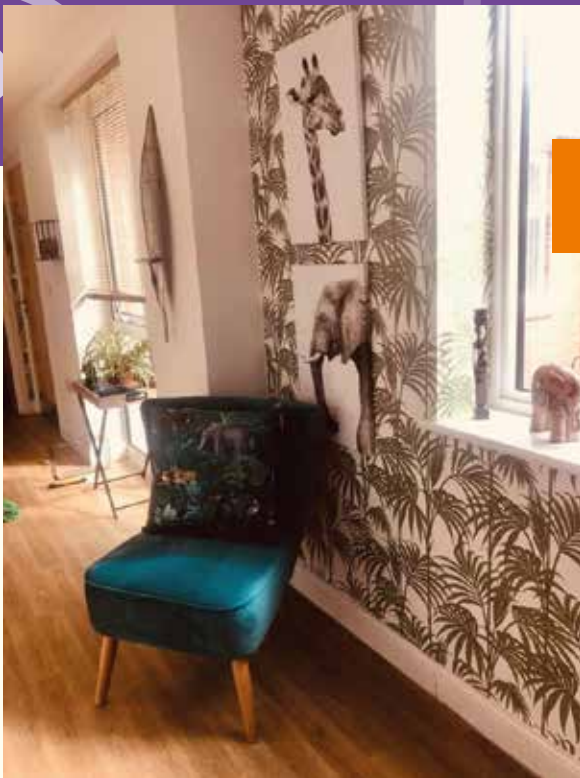
We've had a wonderful time of late welcoming new residents and team members to our home. Our busy schedule of activities and events have been the perfect way for Denise, our newest Lifestyles Assistant, to meet everyone and really get to know our 1SC family. It's also been an absolute delight for our residents to welcome back their furry friend, our much-loved pet dog Charlie, who went to stay with a foster family over the summer while visits were on hold. And the heartfelt reunions continued as we began to set up socially-distanced family visits at 1SC once more! Our resident Ricky chose this moment to surprise his mum with a beautiful handmade picture for her birthday, and she was so impressed she thought he had bought it from a shop!



## Into the wild



In anticipation of the Autumn days ahead, we decided to inject a little tropical sunshine into our home by renovating the upstairs hallway in a colourful jungle theme! All residents got involved in the interior design process, giving us some great ideas! We were very impressed with the attention to detail and our team had hours of fun hunting down the suggestions of wildlife photography to display in matching jungle-print frames, finding elephant cushions and brass monkey sculptures to compliment the tropical bamboo leaf wallpaper. It's the perfect theme for our home, as the Lion is a sign of courage and strength, and this is something we all have plenty of here at 1SC!



With love,  
**Marie Goodwin,**  
Home Manager

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1 Sewardstone Close



We always love reading your comments on Facebook!  
Here are a few recent ones:

"Well done to all you wonderful nurses and carers. You are all amazing and true heroes." Rosemary

"You're all doing a marvellous job. We can't thank you enough. Keep safe xxx" Jan

"Thank you to all the lovely staff at Sewardstone Close for looking after our dad and spoiling him - every time we've FaceTimed him he is always smiling which definitely makes us smile. xxx" Julie

"Well done to you all, looks like you all do an amazing job there. Xx" Joanne



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