

# News from 1 Seawardstone close

Dear Friends

As Spring dawns and the country slowly emerges from lockdown, we wanted to share with you the happy times we have enjoyed so far this year.



## Looking and feeling good



We've had a wonderful time over the past few weeks pampering our much loved residents and making them feel special. The ladies indulged in foot massages and face masks, while the gents got a professional barbers haircut courtesy of our talented team member, Shane. To make the most of the new season everyone has been getting involved in our most favourite of mindful activities, flower arranging. Using a selection of colourful Spring blooms, residents made some stunning creations that brightened up our home no end! Spring also brought a special celebration; Charlie the Dog's birthday! Our residents treated him to a 'Dog-shaped 'Pupcake' and enjoyed thoroughly spoiling this special soul that brings them so much happiness!

## The great outdoors



We've been making the most of the fresh Spring weather with BBQs in the garden and refreshing walks in the countryside. Our residents thoroughly enjoyed taking in the calming scenery of the nearby River Lea and stopping on the bridge to watch the ducks in the river below. Of course, now the sun is back, so is our Gardening club and we've been having a great time planting a variety of fruit trees and filling our new vegetable patch with asparagus, garlic and beans! Then to make the most of the outdoor weather, our friend and musician Edmund Jeffrey popped by to serenade us with his banjo in the garden. We all had a wonderful time singing along!



# A marvellous Mother's Day

This Mother's Day we made sure it was a special time that everyone could enjoy. First our residents got crafty with their own homemade cards. We then made special framed photos of everyone to present to their mothers along with a beautiful bouquet, all accompanied by a unique piece of artwork, which our residents took great care in making and were so proud of. We then raised a toast to our loved ones with a glass of bubbly as we settled down for an afternoon cream tea with all our favourite treats, including a batch of scrumptious flower cupcakes!



## A very chocolaty Easter

Our Easter celebrations lasted all week long to the delight of our residents. We made homemade chocolate crispy nests and got creative with the glitter to craft our own Easter bonnets! Then we were thrilled to receive a whopping 5kg Easter egg from friend of 1SC, Sandra Luff from Wake Cup Chingford, which we had great fun sharing! On Easter Sunday we enjoyed coffee and hot cross buns in our bistro - we even made the chocolate sprinkles in the shape of bunnies! So while Easter was a bit different this year, we are proud to say it did not dampen the spirit within our home which was filled with joy and laughter, as always!



With love,  
**Marie Goodwin**  
Home Manager

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1 sewardstone close



We always love reading your comments on Facebook!  
Here are a few recent ones:

"Lovely to see you always involve your residents and encourage total involvement. Well done!" Carolyn

"You manage to make every occasion fun for your residents. Sounds a wonderful place to be, full of laughter and love." Donna

"Beautiful, looks like another fun day for you all. You really do look like a special place to be. Well done to everyone who makes your home so special." Kay

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