

News from  
1 Sewardstone Close



Dear friends,

As a fresh new season unfolds, our home is brimming with joy and vibrant energy! Catch a glimpse of our delightful spring adventures in our latest newsletter.



## Outstanding!

Earlier this year we were thrilled to celebrate our fourth 'Outstanding' Headway accreditation in a row. Team members and residents marked the achievement with balloons, banners, and raised a glass of fizz! Over the last four years, we have consecutively achieved an outstanding rating in all six areas of our assessment.

The report praised us for our "sensitive and flexible ethos to maximise residents' privacy, dignity, independence and control over their lives." The achievement is due to the dedication of the whole team, our residents and their families, and Enable Care's commitment and passion to deliver outstanding brain injury care.



## Strike!

Every month a few of our residents hit the lanes for their regular bowling club. Ten-pin bowling is a great form of exercise for rehabilitation, it can help to improve motor skills, balance, and coordination, build stamina, and stimulate the brain.

It's also great fun! Residents George and Clare love to go head-to-head and are both very competitive.



## Mum's the word

Thank you to everyone who joined us for Mother's Day in March. Our residents created some beautiful sweetie jars for the occasion. The empty jars were decorated with colourful dried spring flowers, our residents then filled them with lots of sweet treats and finished the jars with cellophane and ribbon. What a treat for the wonderful mum or special person in your life!



## Egg-cellent fun

In April, our residents got creative with some Easter-themed arts and crafts. They chose from three designs, an Easter egg, tulip, or Easter Bunny and using some wonderful bright and pastel paints decorated their wooden crafts. It was a great afternoon, and we enjoyed some hot cross buns and chocolate while we worked, just to get us in the mood of course!

The finished creations looked amazing and made the whole house look fabulous ahead of our Easter weekend celebrations.



With love,  
**Marie Goodwin**

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